

TAKE HOME SHEET



Series: The Real Flex
Message: Brains vs. Brawn
Speaker: Yayo Espinosa
Date: November 3, 2024

Take some time to read the passage we focused on today. Underline the words and phrases that stand out to you as you read.

But Moses pleaded with the Lord, "O Lord, I'm not very good with words. I never have been, and I'm not now, even though you have spoken to me. I get tongue-tied, and my words get tangled."

Exodus 4:10 (NLT)

In what areas of your life do you feel like your weaknesses or limitations could hinder what God is asking of you?

Moses openly shared his fears and struggles with God. Are there fears or doubts you need to bring to God?

Take some time to read the passage we focused on today. Underline the words and phrases that stand out to you as you read.

Aaron will be your spokesman to the people. He will be your mouthpiece, and you will stand in the place of God for him, telling him what to say.
Exodus 4:16 NLT

Like Moses, have you ever needed someone like Aaron to help support you in your calling? How did that partnership make a difference?

In what ways do you feel God has placed people in your life to support or strengthen you in your calling?

How would you feel if God asked you to be a "mouthpiece" or spokesperson for someone else? What challenges or benefits might come with that role?

What does this verse reveal about humility and obedience in working together to carry out God's mission?

BIBLE TRANSLATIONS:

NLT – New Living Translation

MESSAGE NOTES



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Flex is a term commonly used by Gen Z individuals to describe showing off or boasting about one's accomplishments or possessions.

The Real Flex starts with seeking ways to **love others well**.

Aaron will be your spokesman to the people. He will be your mouthpiece, and you will stand in the place of God for him, telling him what to say.
Exodus 4:16 (NLT)

The Real Flex starts with **teamwork**!

Working Together to Grow:

The human body has many parts, but the many parts make up one whole body. So it is with the body of Christ.

1 Corinthians 12:12 (NLT)

Working Together to Make a Difference:

There's a young boy here with five barley loaves and two fish. But what good is that with this huge crowd?

John 6:9 (NLT)

Your love for one another will prove to the world that you are my disciples.

John 13:35 (NLT)

When we come **together in unity** for God's kingdom, He shows up and does incredible things **through us**!